



Theological School of the Church of Cyprus
 1-7 Isokratous Str.
 1016, Nicosia
 Cyprus
 Fax: 00357 22 443 050
 E-mail: i.katsounari@theo.ac.cy

Profile:

Dr. Ioanna Katsounari is a Registered Clinical Psychologist in Cyprus, trained in Clinical Psychology in the United States of America. Dr. Katsounari completed her undergraduate studies (BSc Psychology) at the University of Derby in the UK. She then completed postgraduate studies (MA in Clinical Psychology) at the Illinois School of Professional Psychology and a Doctorate in Clinical Psychology (PsyD Clinical Psychology) at the Chicago School of Professional Psychology. Her doctoral thesis focused on the assessment of Post-traumatic Stress using psychometric tools such as the MMPI and the Rorschach. As part of her specialty in Clinical Psychology, she trained at a Rehabilitation Center for Victims of Torture (Marjorie Kovler Center for the Rehabilitation of Victims of Torture), at a Public Psychiatric Hospital (Chicago Read Mental Health Center, Chicago) and at a Child and Adolescent Assessment Organization. After completing her PsyD in Clinical Psychology, she continued her post-doctoral training at a College Counseling Center (Harper College Health and Psychological Services, Chicago). She has participated in national programs focused on providing counseling and other support services among at-risk populations, such as youth and families under the protection of social welfare services. She has also collaborated with various NGOs in relation to the development of services and has participated in European funded projects. She has presented her research at international conferences and has published articles in scientific journals. In 2016 she published the book entitled 'Assessment of combat PTSD using the Rorschach and the MMPI'. From 2007 to 2020, she was a faculty member at Frederick University at the rank of Assistant Professor in the Department of Psychology and Social Sciences, where she was the coordinator of the Psychology program from 2018 until 2020. She has taught at the Cyprus University of Technology in the Department of Nursing and at the University of Nicosia in the Department of Education. In recent years she has been providing supervision to professional Clinical Psychologists. She joined the Theological School of the Church of Cyprus in September 2026.

1. Education				
Degree	Year	Institution	Department	Final Project
BSc Psychology	1999	University of Derby	Psychology	<i>A cross-cultural study of the relationship between self-esteem and depression with eating disordered attitudes: comparison between Cypriot and British samples</i>

MA Clinical Psychology	2002	Illinois School of Professional Psychology	Clinical Psychology	
PsyD Clinical Psychology	2006	The Chicago School of Professional Psychology	Clinical Psychology	<i>A Methodological Review of MMPI and Rorschach findings assessing PTSD in Vietnam Veterans</i>

2. Qualifications / Skills

	Description	Level
Languages	Greek	Higher
	English	Higher
Computer	MS Office	Higher

3. Employment

Duration of Employment		Employer	Department	Position
From	Until			
September 2026	-	Theological School of the Church of Cyprus	Psychology	Assistant Professor in Clinical Psychology
January 2020	August 2026	Self-employed		Clinical Psychologist
September 2007	January 2020	Frederick University	Social Work	Assistant Professor
January 2020	December 2020	Cyprus Institute of Technology	Nursing	Special Teaching Staff
September 2020	June 2021	University of Nicosia	Education	Visiting Staff
January 2013	July 2015	Unit for the Rehabilitation of Victims of Torture		Supervising Psychologist
September 2016	July 2021	Hope for Children CRC Policy Center		Supervising Psychologist

4. Scholarships and Awards

5. Teaching

September 2007- January 2020	Frederick University Social Work Department Psychology Department Nursing Department Education Department	Introduction to Psychology Developmental Psychology Psychopathology I Psychopathology II Interviewing techniques Violence in the Family Health Psychology
January 2020- December 2020	Cyprus Institute of Technology Nursing Department	Health Psychology Interviewing
September 2020- June 2021	University of Nicosia Education Department	Child and Adolescent Psychopathology and Interventions

6. Administrative Duties

2018-2020	BSc Psychology Program Coordinator, Frederick University
2018-2020	Member of the Departmental PhD committee, Frederick University
2016-2020	Member of the University Research Committee, Frederick University
2007-2016	Member of the Council of the School of Education and Social Sciences, Frederick University
2016-2020	Member of the Council of the School of Humanities and Social Sciences, Frederick University
2013-2020	Member of the Committee for the Master's program in Social Work, Frederick University
2007-2020	Member of the Theses Committee, Social Work Department, Frederick University

7. Member of Research Boards and Professional Services

2011-Present	Registered Clinical Psychology
October 2015- November 2018	Member of the National Bioethics Evaluation Committee-Clinical Trials Committee
June 2018-Present	Member of the Scientific Committee for Road Safety of the Ministry of Justice and Public Affairs, Cyprus

8. Member of Conference Organising Committees

November 2011	‘The Integration as a bi-directional process’ Τμήμα Κοινωνικής Εργασίας, Πανεπιστήμιο Frederick
April 2018	Psychology and the Media, Τμήμα Ψυχολογίας, Πανεπιστήμιο Frederick

9. Reviewer for Journals

10. Research Programmes - Funding

November 2020- September 2021	Establishing guidelines for the determination of the best interests of the child, Funded by the Office of the Ombudsman for Children’s Rights in Cyprus.
January 2020- December 2020	No Lost Generation: Refugee Children Education in Cyprus, Χρηματοδότηση Leventis Research Innovation Programme on Cyprus 2019 Small Research Project: ‘Immigration in Cyprus
September 2018- January 2020	RefTeCP- Refugee Teaching Certification Programme for Egyptian and Refugee Teachers Enabled by Blended Learning, Funder by Erasmus+.
October 2015-October 2017	Towards a child friendly justice in cases of sexual violence against children’. Funded by Rights, Equality and Citizenship Programme (2014-2020).

11. Memoranda of Understanding

12. Research Interests

	Post-Traumatic Stress Disorder
	Eating Disorders
	Psychological Resilience
	Psychological Processes

13. Publications

- Panagiotopoulos, C., Plevri, A. & Katsounari, I. (2024). Social Work Education Determination and assessment of the best interest of children: drawing lessons from stakeholders and the need for interdisciplinary education; the case of Cyprus, Social Work Education, <https://doi.org/10.1080/02615479.2024.2351415>.
- Panagiotopoulos, C., Plevri, A. & Katsounari, I. (2024). Guide for the development of a tool for the determination of the Best Interest of the Child. Commissioner for Children Rights.
- Katsounari, I., Phylactou, P. & Heracleous, E. (2021). No Lost Generation: Refugee Children Education in Cyprus-Final Research Paper. London: The Hellenic Observatory.
- Katsounari, I. & Phylactou, P. (2020). No Lost Generation-Refugee Children education in Cyprus: Policy Brief, London: The Hellenic Observatory.
- Solomonidou, A. & Katsounari, I. (2020). Experiences of Occupational Stress and Burnout among Social Workers in Cyprus, 'International Social Work', <https://doi.org/10.1177/0020872819889386>.
- Katsounari, I. & Andreou, S. (2020). Professional perspectives on the treatment and service delivery of eating disorders in Cyprus, 'European Journal of Counseling Psychology, Special Issue on Disordered Eating and Body Image in Cyprus', 8, (1), 78-92, <https://doi.org/10.5964/ejcop.v8i1.175>.
- Dimopoulou, M. & Katsounari, I. (2019). The characteristics of clinical supervision: Experiences of two supervisors in the clinical field (Social Work, 136).
- Katsounari, I. (2019). Older adults' views of psychotherapy in Cyprus. Behavioral Sciences, 9, 16, doi:10.3390/bs9110116.
- Katsounari, I. (2018). Representations of mental illness in Cyprus press. Conference Proceedings, 1st International Conference, Psychology and the Media: The Psychological Effects of the Diffusion of Mass Media in Every Day Life, Organized by Frederick University, April 28-29, 2018.
- Katsounari, I. (2018). The impact of economic crisis on mental health. Conference Proceedings, 4th International Conference, Institute of Humanistic and Social Sciences, Heraklion, April, 2018.
- Katsounari et al., (2017). JudEx+: A manual to train professionals on child-friendly communication in judicial procedures in cases of sexual violence against children, <https://judexstudypack.com/>.
- Katsounari, I. (2016). Assessment of combat PTSD using the Rorschach and the MMPI. Lambert Academic Publishing (Book).
- Katsounari, I. & Erodou, S. (2016). Economic Crisis and Suicidality in Cyprus. Conference Proceedings, Hellenic Society of Counseling and Guidance, Athens, March 2016.

- Katsounari, I. Kourri, V. & Leitaio, S. (2016). JudEx+: Judicial Proceedings in cases of sexual violence against children – the child's experience. Country Report-Cyprus, <http://judex.uncrcpc.org/>.
- Katsounari, I. (2015). Female Genital Mutilation: Trauma, Loss and Key Clinical Considerations, *Journal of Traumatic Stress Disorders and treatment*, 4, 4, doi:10.4172/2324-8947.1000147.
- Katsounari, I. (2015). The Road Less Travelled and Beyond: Working with Severe Trauma and Preventing Burnout, *Burnout Research*, doi:10.1016/j.burn.2015.10.002.
- Andreou, S. & Katsounari, I. (2015). Eating disorders in children and adolescents in Cyprus, Counseling for prevention and treatment. Conference Proceedings, Counseling and Professional Guidance Conference, May 2015, Limassol.
- Doumit, R., Khazen, G., Katsounari, I., Kazandjian, Chant, J. & Zeeni, N. (2015). Investigating Vulnerability for Developing Eating Disorders in a Multi-Confessional Population, *Community Mental Health*, 53 (1), 107-116.
- Katsounari, I. (2014). Narrative exposure therapy for treating PTSD with psychotic features: A case study, *Clinical Case Studies*, 14, 5, 251-272.
- Katsounari, I. (2014). Integrating Psychodynamic Treatment and Trauma Focused intervention in the case of an unaccompanied minor with PTSD, *Clinical Case Studies*, 13, 4, 352-367.
- Zeeni, I., Gharibeh, N., & Katsounari, I. (2013). The impact of socio-cultural influences on the eating attitudes of Lebanese and Cypriot students: a cross-cultural study, *Journal of Human Nutrition & Dietetics*. 26 (Suppl.1), 45–52.
- Katsounari, I. (2012). The impact of context in understanding the relationship between post-traumatic stress disorder and psychotic features in survivors of torture, *International Journal of Social Science and Humanities*. 1, 2.
- Katsounari, I. & Zeeni, N. (2012). Preoccupation with weight and eating patterns of Lebanese and Cypriot female students: A comparative cross-cultural study, *Psychology*. 3, 6, 507-512.
- Katsounari, I. & Zeeni, N. (2012). Weight preoccupation and eating patterns of Lebanese and Cypriot young women, *Proceedings Paris International Congress of Humanities and Social Sciences Research*, July 2012.
- Katsounari, I. & Jacobowitz, J. (2011). A comparative analysis of MMPI and Rorschach findings assessing combat-related PTSD in Vietnam Veterans. *Psychology*. 2, 4, 335-341.
- Katsounari, I. (2011). Post-traumatic stress disorder and psychosis. *Mental Health Practice*. 15, 4, 14-20.
- Katsounari, I. (2009) 'Self-esteem, depression, and eating disordered attitudes: A cross-cultural comparison between Cypriot and British young women'. *European Eating Disorders Review*. 12, 455-461