



Louiza Michail
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Profile:

Louiza Michail is a member of the Special Teaching Staff of the Theological School of the Church of Cyprus, responsible for the coordination and the supervision of the Postgraduate Student's Practicum. She has also Administrative Duties in Secretarial Department of Postgraduate Studies at the postgraduate program Applications of Psychology and Counselling in the Community. Additionally, she involves in European Programs. She was a trainer in Convicts Upskilling Pathways (CUP) Erasmus KA2 program for detainees. Currently, she is involved in the The Golden Thread intervention program for detainees, as a member of the team of the Theological School of the Church of Cyprus.

She graduated from the National Kapodistrian University of Athens, earning her undergraduate degree in Psychology. Then she was specialized in School Counseling by studying at the University of Cyprus, where she obtained her first master degree. In 2021 she obtained her second master degree in Applications of Psychology and Counseling in the Community, at Theological School of the Church of Cyprus.

Louiza Michail has an extensive experience working with high risk groups, since she had been working for 5 years in the Ministry of Education, Sport and Youth of Cyprus, as a School Counselor, in a program funded by European Union, with dropout and delinquent students, aiming their educational, vocational and social reintegration, as well as their personal development. She was part of a 3-member team for the Treatment and Management of Crisis in Schools and Family, such as bullying, domestic violence, sexual abuse, substance use, suicidal attempts and others as well as being involved in relevant Prevention and Intervention programs. Since 2009, she is involved in adult education, and since 2013 she is teaching Psychology at the Open School for Adults, in life-long learning programs.

She is highly interested and motivated in working with high risk groups (dropout students/adolescents, detainees and others), towards the development and enhancement of their emotional, social and professional aspects of life. Similarly, she is interested in designing, developing and implementing prevention, life-skills educational programmes for high risk behavior in adolescence, as well as providing psychoeducational workshops and seminars for parenting.

1. Education				
Degree	Year	Institution	Department	Final Project
MA Applications of Psychology and Counselling in the Community	2021	Theological School of the Church of Cyprus		Relations among Identity formation, Possible Selves, Anxiety and Depression in Adolescence (2021).
MA School Counseling and Guidance	2015	University of Cyprus	Department of Psychology	Environmental and Personality Factors Influencing School Dropout: Parenting Practices, Peer Rejection, School Connectedness and Impulsive Traits as potential risk factors (2015).
BSc Psychology	2008	National and Kapodistrian University Athens	School of Philosophy Department of Psychology	Cultural diversity and violence in relations between primary school students-a preliminary survey in schools in Cyprus (2008).
Apolytirion	2003	Pagkyprio Lyceum Larnaca		

2. Qualifications / Skills		
	Description	Level
Languages		
	Greek Language	Excellent
	English Language	I.E.L.T.S. – 6.5
Computer		
	SYSTEM APPLICATION SOFTWARE (word, excel, PowerPoint, Outlook) TEAMS, MOODLE	Excellent

3. Employment				
Duration of Employment		Employer		Position
From	Until			
2019	Current	Theological School of the Church of Cyprus		Special Teaching Staff Coordinator and Supervisor for the practicum of Postgraduate students Administrative Duties Postgraduate Program Department of Safety and Health

2013	Current	Open School of Larnaca		Adults Education – Instructor (Psychology)
2015	2021	Cyprus Ministry of Education, Sport and Youth Preparatory Apprenticeship School of Limassol (Department of Secondary Technical and Vocational Education and Training)		School Counselor
2015	2016	Ministry of Defence - Project by Human Resource Development Authority of Cyprus (AvAΔ)		Education and Vocational Counselor
2015	2016	Larnaca Heart Disease Association		Officer – Supporting groups for patients
2009	2014	Cyprus Ministry of Education, Sport and Youth Adult Education Centres		Adults Education – Instructor (Human Relations and Body Language)

4. Teaching

2013-current	Open School of Larnaca Adults Education	Psychoeducation Seminars on the field of Psychology
2016-2021	Cyprus Ministry of Education, Sport and Youth Preparatory Apprenticeship School of Limassol (Department of Secondary Technical and Vocational Education and Training)	Personal and Social Development Psychoeducation Workshops & Seminars addressed to adolescents and parents - families
2009-2014	Adult Education Centres Adults Education	Human Relations and Body Language

5. Administrative Duties

2019 – Current Theological School of the Church of Cyprus	Secretarial Department – Postgraduate Studies – Postgraduate Program Application of Psychology and Counselling in the Community Department of Safety and Health
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6. Participation in Conference

November 2021 12 th Panhellenic Conference on Child and Adolescents Psychiatry	Presentation: The role of the Multidisciplinary Team in School. The example/model of Second Chance School in Cyprus: Working with mentally traumatized children.
November 2022 3 rd Panhellenic Conference on School Psychology Thessaloniki, Greece	Presentation: Relations among Identity formation, Possible Selves, Anxiety and Depression in Adolescence.

7. Participation in Research Programmes - Funding

CUP Convict Upskilling Pathway	Intervention program for detainees Training modules based on technical skills with embedded learning for soft and basic skills Instructor - Trainer
The Golden Thread	Intervention program for detainees The Golden Thread project is a family learning and family support programme in the penitentiary system aiming to support detainees – and their families – maintain meaningful relationships with each other, so as to have a supportive family to return to on resettlement, as protective factors not only in reducing reoffending but also in preventing the intergenerational transmission of offending.

8. Research Interests

	Individual (Adolescents, parents) Counseling, Family Counseling - Working with high risk groups of population (dropout students/adolescents, detainees and others), towards the development and enhancement of their emotional, social and professional aspects of life.
	Designing, developing and implementing prevention life-skills education programmes for high risk behavior in adolescence. Providing psychoeducational workshops and seminars for parenting.
	Identity, possible selves, anxiety and depression

9. Publications

Μιχαήλ, Λ., Λεονταρή, Α., Τσαγκαρίδης, Κ. & Σολομώντος-Κουντούρη, Ο. (2022, Νοέμβριος). Η Διαμόρφωση της Ταυτότητας και των Δυνητικών Εαυτών στην Εφηβεία: Η σχέση τους με το Άγχος, την Κατάθλιψη και το Στρες. Προφορική ερευνητική ανακοίνωση στο 3ο Πανελλήνιο Συνέδριο Σχολικής Ψυχολογίας, Θεσσαλονίκη, Ελλάδα.

Solomontos-Kountouri. O., Michael, L., Tsagkaridis, K., & Leontari, A. (2022, June). The relation among possible selves, identity dimensions and anxiety/depression in adolescence. Poster presented in the 26th Biennial Meeting of the International Society for the study of Behavioural Development (ISSBD), Rhodes, Greece.

Λουίζα Μιχαήλ (2021). Η Διαμόρφωση Ταυτότητας και των Δυνητικών Εαυτών στην Εφηβεία: Η σχέση τους με το Άγχος και την Κατάθλιψη. Μεταπτυχιακό Πρόγραμμα Σπουδών Εφαρμογές Ψυχολογίας και Συμβουλευτικής στην Κοινότητα. Θεολογική Σχολή Εκκλησίας Κύπρου.